

Fee Structure

*Fee structure:

Trainer per day:	\$1000
Consultation Rate:	\$50/hr
Curriculum/Resource Development:	\$50/hr
Research/Evaluations	\$50/hr

Extra Costs include printing of resources, travel, accommodations, meals, refreshments for training events and Elder consultations.

**At no cost a proposal can be developed for your project that will include a "project cost" instead of an hourly rate.*



Connecting Together to Build a Brighter Future.

Previous Projects

Romy Pritchard the founder, president and trainer for Connecting Cultures has helped develop the following projects:

- "Seeing It Through Your Eyes" - Inter-faith Bridging Project - BC Ministry of Citizens' Services.
- "YOU BELONG HERE" Program - Pincher Creek Emergency Women's Shelter - Alberta.
- Metis Wellness Health Fairs and Workshops for Vancouver Island Metis Communities - Metis Nation British Columbia.
- Child at the Centre: BC's First Nation's Chief Forum on Indigenous Child Welfare.
- Xchanges: Youth Employment Program - Ministry of Children and Family Development.
- Aboriginal Mentorship Program: Youth Addictions Prevention Program for Vancouver Island Health Authority.
- "Telling It Like It Is" - Aboriginal Youth Asset Building Video for Vancouver Island Health Authority.
- The Implementation of the Vancouver Island Aboriginal Child and Youth Mental Health Plan - Ministry of Children and Family Development.



Connecting Cultures

3851 Saul St.

Victoria, BC V8X 1S4

www.healthandsocialdevelopment.com

Phone: 250-920-0373

Fax: 250-920-0370

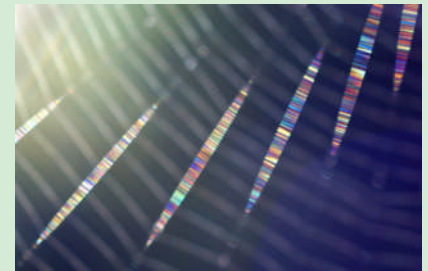
E-mail: romy.pritchard@ccultures.com



Connecting Cultures

Connecting Together to Build a Brighter Future

Health and Social Development Training & Project Management



Specializing in Health Promotion and Wellness with a focus on Addiction Prevention and Community Development

Tel: 250-920-0373

www.healthandsocialdevelopment.com



Connecting Cultures provides training, consultation and research on health promotion and wellness programs. Integral to successful health and wellness activities is knowledge of better practices, skill based training, creating community partnerships, and healthy families.

Connecting Cultures has the skills, expertise, experience, and desire to work with individuals, schools, communities and large agencies to help build successful prevention services. Connecting Cultures also provides skilled professional expertise to support proposal writing for new programs and to provide research and evaluation reports for funders.

We can not do this alone; **connecting together** builds support, encouragement, shares success stories, collaborates on resources, and creates dynamic programs and services.

Connecting Cultures will help sustain the change you want.

Services

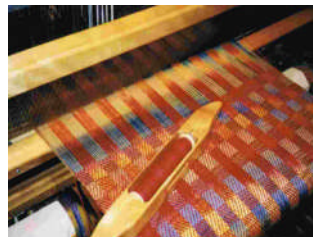
Connecting Cultures Provides the following services:

- Training
- Consultation
- Resource Development
- Research and Evaluation

Areas of Service Delivery

Connecting Cultures provides specialty services in the following areas:

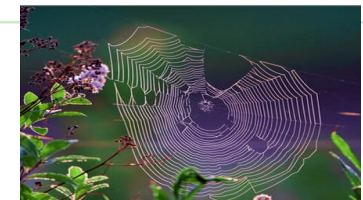
- Diversity Training
- Addiction Prevention
- Community Development
- Mental Health & Wellness
- Youth & Family Programming
- Strategic Planning
- Human Resource Management



Connecting Cultures was founded by Romy Pritchard, Red River Metis, Double B.A., Mother and Artist.

Current Programs/ Workshops

- Understanding Alcohol and Drug Addiction
- Preventing Youth Addiction
- Caring for an Elder with Substance Use Issues
- Diversity Engagement for Organizations
- The Art of Unleashing Your Potential
- Community Development in Health Promotion
- Overcoming the Obstacles
- Reclaiming our Spirit - Preventing Burnout



Connecting Cultures

For more information about courses visit www.healthandsocialdevelopment.com or contact 250-920-0373.